OBITUARIES

Leroy Aldridge

March 1, 1939 - June 25, 1994

Leroy Aldridge, 55, of Eagle Lake, died Saturday, June 25, 1994, at 11:02 a.m. in Eagle Lake Community Hospital.

He was born March 1, 1939, in Rosharon, Brazoria County to Benjamin and Margaret Lilly Aldridge.

He had been a resident of Eagle Lake for most his life and attended E.H. Henry High School. He was a member of Greater Mount Olive Baptist Church.

He was preceded in death by his father.

Survivors include his mother; daughter Shantay Harris of Oxon Hill, Md.; sisters, Eola McTear and Othe Aldridge of Eagle Lake, Joyce Christal of Houston; brothers Alfred Aldridge of Eagle Lake, Rev. Harris Aldridge of Garwood, Thurman Aldridge of LaMarque; aunts, Eva Abram and Ruth Cloud of Eagle Lake; numerous other relatives and loved ones.

Funeral services were held Wednesday, June 29, at 1 p.m. in Greater Mt. Olive Church with Rev. Rudolph Kaiser, pastor, officiating. Interment was in Community Cemetery North at Eagle Lake. Dulany Funeral Home was in charge of arrangements.

Named as pallbearers were Henry Flowers, Alvin Milligan, Freddie Cloud, Ray Chavis, Roland Christal, Earline Davis and Jerri Flowers.

Honorary pallbearers were Alex Williams Jr., Rocky Williams, Aaron Kirkwood, Robert Davis, Eric Christal, Charles Baker, Charlie Maxwell, Ray Martindale, Anthony McTear and Alfred, Harris and Thurman Aldridge.

Sympathy is extended to the family in their loss.

Ralph E. Arndt

August 31, 1962 — June 24, 1994

Ralph E. Arndt, 31, of Bedford, died June 24, 1994, at North Hills Medical Center in Fort Worth.

He was born August 31, 1962, in Detroit, Mich., the son of Edward and Muriel Cummings Arndt.

Arndt was united in marriage to Vicke Hinze on June 6, 1985.

He was a self-employed roofing contractor and affiliated with the Lutheran church.

Survivors include his wife; two daughters, Brittaney and Haley Arndt, both of Bedford; his father and stepmother, Edward and Delores Arndt of Highland, Mich.; two sisters, Pam Rossetto of Highland and Darlene Guerrero of Farmington Hills, Mich.; and a stepbrother, Willie Urban of Michigan.

Funeral services were held June 28 at Henneke Funeral Home in Columbus with the Rev. Brent Pittman officiating.

Burial followed at Cheetham Cemetery near Sheridan.

Pallbearers were Alton Balusek, Darryl Hinze, Dwayne Howerton, Dave Fitzpatrick and Jason and Jeffery Chovanetz.

Sympathy is extended to the family in their loss.

Ruth Edith Hillyer

June 10, 1915 — June 26, 1994

Ruth Edith Hillyer, 79, of Houston, died June 26, 1994, in Houston.

She was born June 10, 1915, in Eagle Lake.

She was united in marriage to A.E. Hillyer. Their 57th wedding anniversary had been celebrated on March 20.

Hillyer and her husband were pioneers in the coin-operated washateria business in the Houston Heights area. They attended the First Church of God and West 11th Street Church of God for over 40 years.

Survivors include her husband; a daughter, Glenda Bounds of Houston; a son, Ira Hillyer of San Francisco; a sister, Rosalie Sims of Livingston; three grandchildren; and numerous nieces, nephews and other relatives.

Funeral services were held June 29 at West 11th Street Church of God in Houston.

Burial followed at Lakeside Cemetery in Eagle Lake. Dulany Funeral Home, Eagle Lake, directed local arrangements.

In lieu of flowers, the family requested memorials be sent to the Houston Hospice.

Sympathy is extended to the family in their loss.

Mrs. Dora Roberts

August 22, 1898 — June 23, 1994

Mrs. Dora Tipp Roberts, 95, of Eagle Lake died June 23, 1994, at Heritage House Nursing Home in Eagle Lake.

She was born August 22, 1898, in Eagle Lake, the daughter of August and Frances Lepo Tipp.

She was a lifelong resident of Eagle Lake and attended local schools. She was a member of First Baptist Church and was baptized August 9, 1925.

She and Thomas M. Roberts were married on the front porch of her parents' farmhouse on August 28, 1916.

She was preceded in death by her parents; husband in 1966; two sons, Thomas Jefferson Roberts and Daughtry Howard Roberts; a sister, Ophelia Raabe; a granddaughter, Kathleen Roberts; and a daughter-in-law, Agnes Roberts.

Survivors include a sister, Louise Raabe of Weimar; a daughter-in-law, Clara Roberts Wilson of El Campo; five grandchildren, Thomas J. Roberts of Angleton, Sandra Van Hoesen of Friendswood, Kenneth R. Roberts of San Antonio, Gerald W. Roberts of Corpus Christi and Theresa Schmidt of Victoria; 10 great-grandchildren; and numerous nieces, nephews, other relatives and friends.

Funeral services were held June 27 at the Dulany Funeral Home Chapel in Eagle Lake with Rev. David Mann, pastor of First Baptist Church, officiating. Burial followed at Lakeside Cemetery in Eagle Lake.

Pallbearers were grandsons Tommy, Ken and Gerald Roberts and nephews James, Howard and David Raabe.

Memorials may be made to the First Baptist Church, P.O. Box 339, Eagle Lake, TX 77434.

Sympathy is extended to the family in their loss.

Silver haired legislators convene in Austin this fall

Four recently chosen delegates to the Fifth Texas Silver-Haired Legislature will represent this area in Austin in the fall.

The 12 county area served by the Houston-Galveston Area Council (H-GAC) Agency on Aging sponsors the four delegates.

They were elected by citizens over 60 years of age who voted in a special May election.

Representing District 1, Galveston County, at the three day Austin session in Sept. will be Betty Jane Foreman of Texas City.

District 2, Brazoria, Matagorda and Wharton Counties, representative is Polly Hendrick of Brazoria.

District 3 delegate is Elmer Ingles of Willis representing Chambers, Liberty, Montgomery and Walker Counties.

District 4, Austin, Colorado, Fort Ben and Waller Counties, is represented by Harold Murdock of Rosenberg.

These four will join 112 other delegates in the fall to consider and vote on measures that concern the needs of older Texans

The Silver-Haired Legislature will present its recommendations to the regular session of the Texas Legislature when it convenes in Jan. 1995.

Attwater Prairie Chicken National Wildlife Refuge...

Gulf Coastal prairie ecosystem endangered

By Terry A. Rossignol
Assistant Refuge Manager

This is a continuing series by the assistant refuge manager of the Attwater Prairie Chicken National Wildlife Refuge, which is under the direction of the U.S. Fish and Wildlife Service. The refuge is located about six miles north of Eagle Lake off FM 3013.

Have you ever wondered how intricately fragile nature is? It appears that everything is dependent on something else. That's because everything is dependent on or interrelated to something else in some way.

Predators rely on prey for food. Humans depend on trees for clean air to breathe. So, what is an ecosystem?

The U.S. Fish and Wildlife Service (USFWS) defines an ecosystem as a "dynamic and interrelating complex of plant and animal communities and their associated nonliving environment."

In a nutshell, an ecosystem is a unique area that is home to both living and nonliving organisms and includes all the necessary processes of life. An ecosystem is affected, over time, by climate, air quality, water quality, soil types and several other elements.

There are different kinds of ecosystems. in the world, even in the United States, such as desert, forest and prairie. All of us in south and southeast Texas live in a unique ecosystem that is much endangered: the Gulf Coast prairie ecosystem.

During the late 1800s, an estimated six million acres of coastal prairie habitat stretched from southwest Louisiana along the coastal bend of the Gulf of Mexico to just past Brownsville, Texas.

These grasslands were composed of perennial bunchgrass species such as bluestem, little bluestem, Indiangrass and switchgrass with a mixture of forbs or broad leafed plants.

Early settlers described the upper coastal prairie as being covered by "verdant wild grass... tall and coarse and full of seed at the top when young. And before it has grown its stem, it resembles the early growth of wheat." (Smeins et al. 1991)

Several major rivers transect this ecosystem adding diversity to the area.

Today, less than 200,000 fragmented acres of the Gulf Coastal prairie ecosystem remain. This loss of pristine prairie habitat can be blamed on the invasion of woody species, overgrazing, agricultural, urban and industrial expansion.

Fire was a natural element of the coastal prairie, Wildfires started by native American Indians and lightening strikes set back the invasion of the woody species to the prairie. Early settlers brought with them a fear of wildfires resulting in fewer fires on the prairies.

With fires essentially removed from the ecosystem, woody species encroached along the banks of major rivers and streams onto the prairie habitat.

Historically the American bison (buffalo) roamed on millions of acres of the coastal prairie keeping the native range in excellent condition. With the disappearance of the buffalo, cattle grazing was pursued and continues today.

Cattle grazing is beneficial to native grassland if conducted correctly. Unfortunately, several thousand acres within the coastal prairie have succumbed to overgrazing practices, further deteriorating the coastal habitat and making it useless for such species at the Attwater's prairie chicken.

Much of the Gulf Coastal prairie habitat has been plowed for a variety of crops or cemented over to meet the needs of an ever growing human population.

In a study conducted in Austin and Colorado Counties (McKinney, 1992) almost 50,000 acres of grassland in the study area have been lost just in the last 40 years. One can readily see how actions of this magnitude can disrupt the delicate nature of any ecosystem.

With the Gulf Coastal prairie ecosystem rapidly deteriorating, it becomes difficult for remnants of prairie land to remain pure.

USFWS personnel at the 8,000 acre Attwater refuge simulate natural ecosystem processes by using different management tools to benefit not only the Gulf Coastal prairie ecosystem but also the endangered prairie chickens. It is one of the few large tracts of coastal prairie habitat remaining.

Attwater Refuge assessment available for your comment

The Attwater Prairie Chicken National Wildlife Refuge personnel have prepared an environmental assessment of their refuge activities.

The assessment was made in accordance with the National Environmental Policy Act of 1969 by the U.S. Fish and Wildlife Service personnel as part of an examination of activities on all national refuge lands.

Public comment on the assessment is requested and welcomed.

The nationwide assessment was done to ensure that those uses are compatible with the intended purpose of each refuge.

The Attwater refuge was established in 1972 to conserve fish, wildlife and plants considered threatened or endangered with extinction.

This refuge was specifically established to protect and enhance habitat for the endangered Attwater's prairie chicken, a grouse native to the Texas coastal prairies.

A number of research studies have documented the beneficial impacts of carefully managed grazing on Attwater's prairie chicken habitat.

Interested individuals may obtain a copy of the assessment to make a comment by calling 409-234-3021 or writing to the APC NWR at P.O. Box 519, Eagle Lake, TX 77434.

The deadline for comments is July 15. All responses to the assessment should be sent to the refuge by that date.

Leets appointed to professional affairs committee

Bill Leets, R. Ph., has been appointed to serve on the reference committee on professional affairs for the Texas Pharmaceutical Association (TPA).

Dr. Leets is the pharmacy manager at South Texas Medical Clinics, P.A. in Wharton.

The reference committees hear TPA House business that has been referred to them, interpreting comments and making recommendation to the House delegates.

They will meet July 15 at the San Antonio Convention center. The closing house of delegates session will be held Sunday, July 17.

KNOW YOUR MERCHANTS AND BUSINESSES
For advertising information call
409-234-5521

Two Week Delivery
WEDDING INVITATIONS
and accessories
Laker Printing
123 N. McCarty • Eagle Lake • 234-3360

This Space Available!
Call 234-5521 for information.

Excellence Trophies & Awards
...for those who Excel
Engraving • Plaques • Signs
Custom Identification Products
409-234-2492 Charles & Kate Spalinger
204 W. Center P.O. Box 456 Eagle Lake, Texas 77434

MOSS
Air Conditioning & Refrigeration
Sales & Service
•Air Conditioners •Refrigerators •Ice Machines •Furnaces •Walk-In Coolers •Freezers •Ice Storage Boxes •Water Heaters
409-234-2793
Benny Moss
200 W. Center • Eagle Lake
TACLB008436
The right decision.™
Licensed YORK® Insured

Massey Ferguson
W.A. Virnau & Sons, Inc.
Sealy: 885-3549 Sealy Direct: 234-5312

Schindler LPG, Inc.
234-3314 Eagle Lake

The First National Bank
Member F.D.I.C. Bank of Friendly Service Eagle Lake

Lissie Flying Service
Farmer to Farmer Agriculture Flying
Lissie, Texas 234-2482

Eagle Lake Headlight
220 E. Main "Your Hometown Newspaper" 234-5521

Attend the Church of Your Choice...

LIVING HOPE CHURCH: Revs. Joe and Mercy Fling; 234-5536.
TEMPLE BEREA: 621 Maple Street, Eagle Lake. Rev. Romero.
ROCK ISLAND FULL GOSPEL: P.O. Box 232, Rock Island; 234-5840; Nick Williams, Pastor.
BETHELEM de JUDEA ASSEMBLEA de DIOS: 1000 East E Street, Eagle Lake. Rev. Manuel Garcia.
SEALY ASSEMBLY OF GOD: 1140 Meyer St., Sealy; Warren Richardson, Pastor.
THE DAY OF PENTECOST APOSTOLIC REVIVAL: FM 102 S, Matthews, 4 p.m. (at Mt. Zion). Rev. R.L. Carter.
EAST BERNARD FIRST BAPTIST: Rev. Clifford Roser.
FIRST BAPTIST: N. Lake at E. Prairie, Eagle Lake. Rev. David Mann.
FRIENDSHIP BAPTIST : 405 S. Lake, Eagle Lake; Rev. Earl Shorter, Jr., Pastor, 234-5795.
~~GETHSEMANI BAPTIST MISSION: 901 B Street, Eagle Lake.~~
GREATER MT. OLIVE BAPTIST: Rev. R. Kiser, Pastor. 705 Lake, Eagle Lake, 234-3545.
PROVIDENCE BAPTIST: 1207 E. State, Eagle Lake. Rev. Coby Shorter; 234-3736.
ROCK ISLAND BAPTIST: Bob Allison, Pastor.
SHERIDAN FIRST BAPTIST
WHITE CLOUD BAPTIST CHURCH: 202 Old Altair Rd., Eagle Lake; Rev. Obie Rhodes; 234-3800.
CHURCH OF CHRIST: Sheridan, Texas.
NEW LIFE FELLOWSHIP: Hwy. 90A, Sheridan; Del Sanford, Pastor; 234-3276.
CHRIST OUR REDEEMER – Charismatic: 478-7534, 478-6512, Jerry C. McKinney, Pastor.
HOLY CROSS CATHOLIC CHURCH: East Bernard.
OUR LADY OF GUADALUPE CATHOLIC: Father Eddie Winkler. Guadalupe Terrace Addition, Eagle Lake.
~~OUR LADY OF PERPETUAL HELP CATHOLIC: Father~~ Eddie Winkler; 310 N. Stevenson, Eagle Lake.
ST. MARY'S CATHOLIC CHURCH: Box 97, Nada, 758-3218. Rev. Msgr. Victor G. Schmidtzinsky, Pastor.
CHRIST EPISCOPAL: 306 E. Stockbridge.
EAGLE LAKE GOSPEL MISSION: Rev. Emil Burger.
GRACE LUTHERAN: Walter Meyer, Pastor; 408 N. Stevenson, 234-3381.
LEHRER MEMORIAL UNITED METHODIST: Garwood, Texas. Rev. Larry Bailey, Pastor.
LISSIE UNITED METHODIST: Sandra Kimbrow, Pastor; 234-2112; Lissie, Texas.
ROCK ISLAND METHODIST: Janet Dupré, Lay-Pastor.
UNITED METHODIST: Larry E. Bailey, Pastor. 200 W. Prairie.
FIRST PRESBYTERIAN: 106 E. State St., Eagle Lake. Dr. Richard H. Miller, Pastor.
VINE OF THE LORD: Frank Navarro, Pastor.
FRIENDSHIP A:G: 501 Wallace, East Bernard. Fred Chambers, Pastor.
THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS: 600 W. St., Sealy. Marshal Crosby, Branch Pres.
CHURCH OF CHRIST: 815 Milam, Columbus. Roy V. Palmer, Minister.
THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS: 200 N. Lake, Eagle Lake, 234-5805; Miguel H. Arellano, Branch President.
THE SHEPHERD'S WAY: Non-denominational Christian Fellowship; 217 Main, Sealy. Frank Lucas, Pastor. 885-7873.

Large turnout for OLPH annual picnic

If you arrived at the Our Lady of Perpetual Help Picnic after noon this past Sunday, you had a short "hike" from the closest parking place to the K.C. Hall where lunch was being served. A large number of people turned out to enjoy not only the food, but the games and auction.

In the photo above, patrons try to decide on their numbers for the "plant walk" which was being manned at the time by Judy and Rhonda Satsky and Judy Pustejovsky.

Below, auctioneer Joe Herbert McCreary, center, and his wife Candy, right, coaxed as much as possible from bidders during the auction. McCreary was assisted by George Hagan, in white hat at left, and spotters Ray Sykowski, Chris Burrow, Roy Cranek.

Headlight Photos by Jeannine Fearing

ELMS announces spring student awards

Eagle Lake Middle School recognized members of the student body during an awards assembly May 25. Listed below are the students and the awards they received.

Fourth Grade

Manden Alley: Houston Livestock Show;
Charles Anzualda: penmanship, attendance;
Adrian Avila: language arts, citizenship;
Jason Barrow: math, attendance;
Jennifer Biaselli: Houston Livestock Show, student of month, UIL ready writing, citizenship, honor roll;
Jessica Buckner: Houston Livestock Show, student of month, math, social studies, science, citizenship, language arts, penmanship, UIL picture memory, honor roll;
Olivia Cardenas: UIL spelling and ready writing, language arts, science, honor roll;
Jerry Cleveland: Houston Livestock Show, language arts, science, math, student of month, citizenship, honor roll;
Mary Lou Coronado: handwriting, UIL ready writing;
Adia Cortez: Houston Livestock Show, penmanship;
Karl Cranek: Houston Livestock Show, UIL picture memory;
Tekisha Dabney: Houston Livestock Show;
Michelle Davis: Houston Livestock Show;
Conrad Diggs: Houston Livestock Show, attendance;
Candace Donner: penmanship;
Cathy Fearing: Houston Livestock Show, social studies, student of month, honor roll;
Angel Franco: all A's reading, citizenship, attendance;
Ahida Garcia: conduct, attendance, Houston Livestock Show;
Cristina Garcia: math, citizenship, valuable team worker;
Erica Garcia: Houston Livestock Show, language arts, student of month, honor roll;
Alfredo Gonzales: outstanding English, student of month;
Amanda Henry: social studies, science, language arts, citizenship, UIL picture memory;
Meribell Hernandez: citizenship, conduct;
Jason Ishee: attendance;
Cleo Johnson: Houston Livestock Show, student of month, math, social studies, science, language arts, conduct, UIL ready writing, honor roll;
Odyssey Johnson: Houston Livestock Show;
Jordan Konesheck: Houston Livestock Show, social studies, language arts, student of month, PE;
Jessica Lares: Houston Livestock Show, citizenship, attendance;
Rebecca Lopez: language arts, UIL spelling, math, social studies, student of month;
Lisa Luna: Houston Livestock Show, penmanship, attendance;
Davana McTear: Houston Livestock Show, attendance;
Corissa Mathis: Houston Livestock Show, citizenship, UIL spelling, student of month, attendance;
Dustin Meyer: Houston Livestock Show;
Miguel Mendoza: excel in multiplication, valuable team worker, citizenship;
Adrian Middleton: attendance;
Robert Mindieta: most improved reading;
Angelica Molina: citizenship;
Adelaida Morales: Houston Livestock Show, citizenship, student of month;
Maria Najera: math, spelling, citizenship, Houston Livestock Show;
Patricia Najera: writing expression, conduct, valuable team worker;
Ashley Pavlicek: attendance;
Latoya Pipkins: Houston Livestock Show;
Imelda Posada: Houston Livestock Show,

(See Awards, Page 9)

Eagle Lake Middle School announces 8th grade graduates

The Eagle Lake Middle School held their graduation ceremony May 25 for the eighth grade students. Principal Tony Jackson served as master of ceremonies.

Rice School Board President Melody Grigar was guest speaker. She and Jackson also presented the certificates to the students.

The graduating eighth graders are listed with their awards:

Christy Renee Aldridge: band and cheerleader;
Keith Willis Austin;
Mary Catherine Blount: math, health UIL listening skills, honor roll;
Jarmarcus Andre Brooks: student of month, band, attendance, UIL listening skills, football, basketball, track;
Jonathon Paul Burrow: language arts, health, computer literacy, band, student of month, math, UIL number sense, honor roll, football;
Dora Cardenas: student of month, health, attendance;
Jayenelle Bernette Carroll;
Tiffany Ann Castro: health, American history, language arts, band, attendance, math, UIL number sense, honor roll;
Guadalupe Conejo: art;
Jesus Heriberto Cruz: health, ESL most cooperative;
Shelley Ree Cunningham: language arts, student of month, math, band, honor roll, volleyball, basketball, tennis;
LaTisha Renae Dancy: health office assistant;
Quincy O'Neal Diggs: library assistant;
Devin Pauline Douglas: volleyball;
Fulton Montgomery Dromgoole: Houston Livestock Show, health football, basketball, track;
Sean Preston Dulany;
Amanda Kaye Dusek: health, volleyball, basketball, track, tennis;
Jamesishia Lechett Fry: attendance;
Timothy James Galvan: math, band, health, language arts;
Josa Eleviterio Garza: Houston Livestock Show;
Clinton Ross Gertson: office assistant, football, basketball;
Adrian Mark Gonzales: office assistant;
Amy Nicole Guerra: Houston Livestock Show;
Gabriel Gutierrez: office assistant, student of month;
April Hemphill: attendance;
Norman Henderson III;
Ismael Hernandez: office assistant;
Rolando Hernandez: most improved reader, health, most improved ESL;
Sylvia Ann Hernandez: Houston Livestock Show;
Horace Hodges Jr.: football, basketball, track;
Stralecia Annette Johnson;
Alexis Marshall: office assistant;
Juliette Marie Martinez: office assistant;
Kelli Georgianne Matthys: health, American history, language arts, band, math, UIL maps, graphs & charts;
DeeAnn Marie Meehan: language arts, health, computer literacy, band, math, honor roll, volleyball, basketball, track, tennis;
Shawn Wayne Meyer;
Jennifer Lee Miller: UIL maps, graphs & charts, band, volleyball;
Briana Rene Moreida;
Frances Marie Mrkwa: band, language arts;
Stacie Marie Mueller: health, band, cheerleader, volleyball, basketball, tennis;
Jose Daniel Navarro Jr.;
Natalie Nicole Noska: band;
Amy Nicole Obenhaus: health, language arts, band, cheerleader, student of month, math, honor roll, volleyball, basketball, track, tennis;
Jerald Dale Obenhaus;
Jerald Dale Obenhaus;
Kendrick Oineil Pipkins: hardest working reader, track;
Jonathon Ray Pope: health, band;
Chiani DeNasha Pratt;
Erica Melissa Rangel: health;
Fabuola Rangel;
Vanessa Annette Rodgers: language arts, band, volleyball, basketball, track, manager;
Juan Manuel Rodriguez: student of month, art, health, math, honor roll;
Nenci Teresa Rodriguez: student of month, art, health, best all-around ESL, math;
Rhonda DeAnn Rodriguez: office assistant;
John Rodriguez Jr.;
Corrie Beth Ruiz: band;
Martin Ruvalcaba: most cooperative ESL;
Nina Dee Salazar: band, volleyball, basketball;
Christina Lynn Salinas: band, attendance, basketball manager, track;
Michelle Lynette Schmidt: hardest working reader;
Jennifer Robin Shavers: health, band;
Hollis James Shorter Jr.: basketball, track;
Sarah Renee Sims;
Mildred Lynette Smith: volleyball;
Ann Marie Sosa: band;
Olga Irene Sosa: band, UIL listening skill, volleyball, basketball, track, tennis;
Charles Martin Stephens Jr.: band, football;
Brain Keith Stovall;
LaTashia Rene Stovall: attendance;
Nicholas Wayne Teague: football, track, basketball, tennis;
Nicole Dawn Teague: UIL listening skill;
Renesha Lavon Thibodeaux: language arts, art, health, math, honor roll;
LaShawna Antre Thomas: Houston Livestock Show, volleyball, basketball;
Casey NeCole Tillman;
LaToya Denise Timms: Houston Livestock Show, language arts, honor roll, health, math;
Jason Robert Torres;
Ryan Allen Torres;
Benjamin Cugene Turner: health band;
Francisco Javier Varela: Houston Livestock Show, most cooperative ESL, health, student of month, math;
Julia Maria Villarreal: math, cheerleader, office assistant;
Risa Gail Waddell: UIL maps, charts & graphs, highest average-health, language arts, band, math, honor roll, volleyball, basketball, tennis;
Tiffany Leigh Wilkerson: UIL maps, charts & graphs, health, language arts, band, math, honor roll, student of month.

Birmingham wins Texas Teen title

Julia Birmingham, 13, of Garwood, won the Texas Teen title in the Krystal Crown state beauty competition held June 12 in Houston. She was also first runner up to Supreme Beauty, second in talent and Miss Texas Denim Wear winner. She is the daughter of Jana and Carl Birmingham. She competes in the national pageant July 10 in Houston.

COLUMBUS PHYSICAL THERAPY & REHABILITATION SERVICES, INC.
•Licensed Physical and Occupational Therapists
•Serving Colorado County for over 10 years
•By Physician referral only
Terry Sablatura, P.T.
Director of Services
109 Shult Drive
Columbus
409-732-2371

Have A Safe & Happy 4th!

CALICO HENS
Mary Engelbreit Is Here!
T-Shirts ♥ Mugs ♥ Caps ♥ Trays ♥ Tote Bags
Stationery ♥ Magnets ♥ Greeting Cards
Watches ♥ Photo Albums ♥ Cookbooks
Mother's Journal ♥ Address Books ♥ Gift Bags
Happy 4th of July!
1419 Milam ♥ Columbus ♥ 409-732-8348
Open Tuesday-Saturday 10-5

Pharmacy & Your Health

EAGLE LAKE DRUGSTORE
Steve K. Balas, RPh
702 South McCarty • Eagle Lake • 234-2502
•Patient Counseling • We Accept Master Card, VISA, Discover & American Express •Insurance Plans: Blue Cross, NPA, PCS, Pro-Serve, Sanus, PAID, Texas Medicaid
24 Hour Emergency Phone: 234-3834

Cleaning the Skin Before Injecting Insulin

Most diabetics who need insulin have been taught to prepare and administer their own insulin injections. Steps involved in preparing insulin typically include mixing contents of the insulin vial by rolling the vial in the palms of the hands. Diabetics also are taught to check the expiration of the vial and carefully read the vial label to make certain the correct strength and type of insulin is being used.

Nurses and other health providers teach diabetics to rotate (change) insulin injection sites. If sites are not rotated, there may be a loss or thickening of subcutaneous fat tissue. Either of these changes in the skin around the injection site can interfere with the absorption of insulin. In the past, diabetics were taught to pull the skin taut and use an alcohol swab or cotton soaked in alcohol to clean the skin.

It may not be necessary to clean the skin with alcohol before each insulin injection. A recent report in *American Pharmacy* indicates that washing the skin with soap and water is just as effective as swabbing with alcohol. The report indicates that soap and water also avoids the sting that sometimes occurs on injection. Diabetics with insulin pumps or those with suppressed immune systems are instructed to use alcohol to reduce the possibility of local infections.

THE FALLS
Open for Dinner
Friday & Saturday; 5 to 8 p.m.
Open for Breakfast & Lunch
Wednesday-Monday; 7:30 a.m. to 2 p.m.
Closed Tuesdays
Sunday Grand Buffet $10.95++
Gourmet Desserts
Reservations Appreciated
Golf Course and Dining Room Open to the Public
(409) 992-3123 New Ulm, TX 78950 1001 N. Falls Dr.

ANNOUNCING
...Only $99.00*
LAKE MOTORS' SUMMER SPECIAL...
DE 610 Cellular Telephone
•3 WATT POWER •CAR TO CAR •SPEED DIALING •ANY KEY ANSWER •AUTO-REDIAL UP TO 10 TIMES •OPTIONAL HANDS-FREE KIT •MEMORY AND KEYPAD LOCK •FULL MENU DISPLAY •FOUR NAM CAPABILITY •AUTO ANSWER •ALPHA-NUMERIC PHONE STORAGE •12-MONTH GM WARRANTY.
The new and convenient way to purchase cellular. GM Cellular Phones at your dealer by Delco Electronics.
Delco Electronics
GTE Mobilnet Authorized Sales Representative
Mr. Goodwrench
LAKE MOTORS, INC.
323 S. McCarty Eagle Lake 409-234-5556
*With GTE Mobilnet Activation.
GM Parts